



Breast Friends[®]

Virtual Meetings via Zoom

Breast Friends is working to support women before, during and after their cancer journeys. Go to <https://breastfriends.org/calendar/> for an overview of activities.



General Support Group | Courageous Conversations with Yvonne

- *Second Tuesday of each month at 2 pm*

- Providing a safe haven to talk about questions, concerns and issues with other women who "get it".

Metastatic Warrior Group | A Safe space for women diagnosed Stage IV

- *Second Wednesday of each month at 2 pm*

- This is an opportunity to discuss the unique challenges and issues faced by metastatic women.

Active Treatment Support | For those currently in the thick of it all

- *Third Wednesday of each month at 6 pm*

- Are you dealing with chemo brain, weight gain or random pain due to your treatments? Is your head exploding with all of the information that comes your way? Then, this meeting is for you!

Young Warrior Support | Support specifically for those younger gals

- *Fourth Thursday of each month at 11 am*

- Topics of Discussion will include items specific to women diagnosed at a younger age.

Please contact Michelle Beck for questions.

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